

RMDC 2026

Lectures Recorded for On-Demand Viewing

THURSDAY, JANUARY 22, 2026

8:00am - 9:00am

Speaker Name	Title
Dr. Batbileg Bor	FAST TRACK - Good Bugs, Quick Checks: Helpful Bacteria and Chairside Diagnostics
Ms. Leslie Flowers	FAST TRACK - Mind-Body Tools for Relaxation, Resilience and Focus
Dr. Mia Geisinger	FAST TRACK - The Pros and Cons of Probiotics and Prebiotics for Optimal Oral Health

9:00am - 11:30am

Speaker Name	Title
Dr. DeWitt Wilkerson & Ms. Lora Hooper	The Dentist-Hygienist Team: Champions of Complete Health! - Part 1

9:30am - 10:30am

Speaker Name	Title
Ms. Leslie Flowers	FAST TRACK - Say What You Mean: Healthy, Supportive Communication Among Practice Members
Dr. Mia Geisinger	FAST TRACK - Biologic Mediators for Hard and Soft Tissue Regeneration: Miracle Workers or Fairy Dust?
Dr. Thomas Van Dyke	FAST TRACK - Is Predictable Medical Control and Treatment of Periodontal Inflammation Becoming a Reality?

1:30pm - 2:30pm

Speaker Name	Title
Ms. Leslie Flowers	FAST TRACK - Breaking Up with Your Phone and Other Tech Addiction Hacks
Dr. Hatice Hasturk	FAST TRACK - Oral and Systemic Health Dynamics in Diabetes

1:30pm - 4:30pm

Speaker Name	Title
Dr. Mia Geisinger	Brace Yourself! Decision-making for Orthodontic Treatment and Periodontal Care in Patients with Periodontal Diseases and Malocclusion
Dr. DeWitt Wilkerson & Ms. Lora Hooper	The Dentist-Hygienist Team: Champions of Complete Health! - Part 2 (Continuation)

3:00pm - 4:00pm

Speaker Name	Title
Dr. Felicitas Bidlack	FAST TRACK - Developmental Dental Defects: An Update on Molar Hypomineralization and Chalky Teeth

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Ms. Leslie Flowers

FAST TRACK - Reversing Inflammation and its Role in Chronic Disease

FRIDAY, JANUARY 23, 2026

8:00am - 9:00am

Speaker Name	Title
Dr. Felicitas Bidlack	FAST TRACK - The Use of Teeth as Records of Health History and Biomarkers for Prediction of Health Risks

8:00am - 10:30am

Speaker Name	Title
Ms. Katherine Eitel Belt	Courageous Conversations: Mastering the Important Conversations You’ve Been Avoiding
Dr. Mark Hyman	The Secret Sauce! The Hidden Ingredients of Highly Successful Teams
Dr. Nathaniel Lawson	Materials and Techniques to Improve Your Conservative, Adhesive Dentistry
Dr. Zach Sisler	Next Level Dental Photography
Ms. Lancette VanGuilder	What the JUUL? Vaping, e-cigarettes and New Harmful Trends

8:00am - 11:00am

Speaker Name	Title
Dr. Jim Harper	Medical Emergencies in the Dental Office
Ms. Lora Hooper	The Saliva Hacker Solutions: From Testing to Treatment Planning

9:30am - 10:30am

Speaker Name	Title
Dr. Hatice Hasturk	FAST TRACK - Atherosclerosis and Periodontal Inflammation

1:30pm - 2:30pm

Speaker Name	Title
Dr. Jim Harper	FAST TRACK - Diabetes and Office Based Anesthesia
	FAST TRACK - Oral Bacteria: The Structures They Build in Your Mouth, and How They May Influence
Dr. Jessica Mark Welch	Your Blood Pressure

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1:30pm - 4:00pm

Speaker Name	Title
Ms. Katherine Eitel Belt	Have Them at Hello: Unscripted Telephone Skills for the Exceptional Practice
Dr. Mark Hyman	The Questions You Hate and the Answers You'll Love: A Guide For Dealing With Difficult Patients
Dr. Nathaniel Lawson	Materials and Techniques for Posterior Composite Restorations
Dr. Zach Sisler	Simplifying Anterior Esthetics: Building Confidence Outside of Your Comfort Zone
Ms. Lancette VanGuilder	Au Naturelle: Oral Health and Homeopathic Trends

1:30pm - 4:30pm

Speaker Name	Title
Ms. Lora Hooper	The Saliva Hacker Solutions: From Treatment Planning to Case Studies

3:00pm - 4:00pm

Speaker Name	Title
Dr. Jim Harper	FAST TRACK - Cardiac Potpourri
Dr. Thomas Van Dyke	FAST TRACK - New Horizons in Periodontal Bone Grafts and Regeneration

SATURDAY, JANUARY 24, 2026

8:00am - 10:30am

Speaker Name	Title
Dr. Rahim Karmali	Beyond Implants: Rediscovering Our Roots
Ms. Karen Davis	Invisible Pain: Realities within the World of Autoimmune Diseases

12:30pm - 3:00pm

Speaker Name	Title
Dr. Rahim Karmali	Finesse and the Fractured Tooth
Ms. Karen Davis	Cannabis, Cancer and Chronic Pain: Exploring the Connections