

# RMDC 2026

## Lectures Recorded for On-Demand Viewing

**THURSDAY, JANUARY 22, 2026**

**8:00am - 9:00am**

<b>Speaker Name</b>	<b>Title</b>
Dr. Batbileg Bor	FAST TRACK - Good Bugs, Quick Checks: Helpful Bacteria and Chairside Diagnostics
Ms. Leslie Flowers	FAST TRACK - Mind-Body Tools for Relaxation, Resilience and Focus
Dr. Mia Geisinger	FAST TRACK - The Pros and Cons of Probiotics and Prebiotics for Optimal Oral Health

**9:00am - 11:30am**

<b>Speaker Name</b>	<b>Title</b>
Dr. DeWitt Wilkerson & Ms. Lora Hooper	The Dentist-Hygienist Team: Champions of Complete Health! - Part 1

**9:30am - 10:30am**

<b>Speaker Name</b>	<b>Title</b>
Ms. Leslie Flowers	FAST TRACK - Say What You Mean: Healthy, Supportive Communication Among Practice Members
Dr. Mia Geisinger	FAST TRACK - Biologic Mediators for Hard and Soft Tissue Regeneration: Miracle Workers or Fairy Dust?
Dr. Thomas Van Dyke	FAST TRACK - Is Predictable Medical Control and Treatment of Periodontal Inflammation Becoming a Reality?

**1:30pm - 2:30pm**

<b>Speaker Name</b>	<b>Title</b>
Ms. Leslie Flowers	FAST TRACK - Breaking Up with Your Phone and Other Tech Addiction Hacks
Dr. Hatice Hasturk	FAST TRACK - Oral and Systemic Health Dynamics in Diabetes

**1:30pm - 4:30pm**

<b>Speaker Name</b>	<b>Title</b>
Dr. Mia Geisinger	Brace Yourself! Decision-making for Orthodontic Treatment and Periodontal Care in Patients with Periodontal Diseases and Malocclusion
Dr. DeWitt Wilkerson & Ms. Lora Hooper	The Dentist-Hygienist Team: Champions of Complete Health! - Part 2 (Continuation)

**3:00pm - 4:00pm**

<b>Speaker Name</b>	<b>Title</b>
Dr. Felicitas Bidlack	FAST TRACK - Developmental Dental Defects: An Update on Molar Hypomineralization and Chalky Teeth

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Ms. Leslie Flowers

FAST TRACK - Reversing Inflammation and its Role in Chronic Disease

### FRIDAY, JANUARY 23, 2026

8:00am - 9:00am

<u>Speaker Name</u>	<u>Title</u>
Dr. Felicitas Bidlack	FAST TRACK - The Use of Teeth as Records of Health History and Biomarkers for Prediction of Health Risks

8:00am - 10:30am

<u>Speaker Name</u>	<u>Title</u>
Ms. Katherine Eitel Belt	Courageous Conversations: Mastering the Important Conversations You've Been Avoiding
Dr. Mark Hyman	The Secret Sauce! The Hidden Ingredients of Highly Successful Teams
Dr. Nathaniel Lawson	Materials and Techniques to Improve Your Conservative, Adhesive Dentistry
Dr. Zach Sisler	Next Level Dental Photography
Ms. Lancette VanGuilder	What the JUUL? Vaping, e-cigarettes and New Harmful Trends

8:00am - 11:00am

<u>Speaker Name</u>	<u>Title</u>
Dr. Jim Harper	Medical Emergencies in the Dental Office
Ms. Lora Hooper	The Saliva Hacker Solutions: From Testing to Treatment Planning

9:30am - 10:30am

<u>Speaker Name</u>	<u>Title</u>
Dr. Hatice Hasturk	FAST TRACK - Atherosclerosis and Periodontal Inflammation

1:30pm - 2:30pm

<u>Speaker Name</u>	<u>Title</u>
Dr. Jim Harper	FAST TRACK - Diabetes and Office Based Anesthesia
Dr. Jessica Mark Welch	FAST TRACK - Oral Bacteria: The Structures They Build in Your Mouth, and How They May Influence Your Blood Pressure

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**1:30pm - 4:00pm**

<b>Speaker Name</b>	<b>Title</b>
Ms. Katherine Eitel Belt	Have Them at Hello: Unscripted Telephone Skills for the Exceptional Practice
Dr. Mark Hyman	The Questions You Hate and the Answers You'll Love: A Guide For Dealing With Difficult Patients
Dr. Nathaniel Lawson	Materials and Techniques for Posterior Composite Restorations
Dr. Zach Sisler	Simplifying Anterior Esthetics: Building Confidence Outside of Your Comfort Zone
Ms. Lancette VanGuilder	Au Naturale: Oral Health and Homeopathic Trends

**1:30pm - 4:30pm**

<b>Speaker Name</b>	<b>Title</b>
Ms. Lora Hooper	The Saliva Hacker Solutions: From Treatment Planning to Case Studies

**3:00pm - 4:00pm**

<b>Speaker Name</b>	<b>Title</b>
Dr. Jim Harper	FAST TRACK - Cardiac Potpourri
Dr. Thomas Van Dyke	FAST TRACK - New Horizons in Periodontal Bone Grafts and Regeneration

## SATURDAY, JANUARY 24, 2026

**8:00am - 10:30am**

<b>Speaker Name</b>	<b>Title</b>
Dr. Rahim Karmali	Beyond Implants: Rediscovering Our Roots
Ms. Karen Davis	Invisible Pain: Realities within the World of Autoimmune Diseases

**12:30pm - 3:00pm**

<b>Speaker Name</b>	<b>Title</b>
Dr. Rahim Karmali	Finesse and the Fractured Tooth
Ms. Karen Davis	Cannabis, Cancer and Chronic Pain: Exploring the Connections